MARCAS REFERENCIALES 2008

Indoor Valencia		
	Hombres	Mujeres
60 m	6.70	7.37
100 m		
200 m		
400 m	47.10	53.00
800 m	1:48.50	2:04.00
1.500 m	3:43.00	4:16.00
3.000 m	7:54.00	9:05.00
5.000 m		
10.000 m		
4 x 100 m		
4 x 400 m	No stan	No stan
P. Combin.		
60 m c/v	7.75	8.20
100 m c/v		
110 m c/v		
400 m c/v		
3.000 m c/ob		
2.000 m c/ob		
Marcha 10 Km		
Marcha 5 Km		
Marcha 20 Km		
Marcha 50 Km		
Marathón		
Alto	2,30	1,92
Garrocha	5,70	4,40
Largo	8,10	6,65
Triple	17,00	14,05
Bala	20,05	17,50
Disco		
Jabalina		
Martillo		
Combinadas	Invitac.	Invitac.

Iberoamericano Iquique				
	Hombres		Mujeres	
	A	B	A	B
60 m				
100 m	10.40	10.55	11.60	11.90
200 m	20.70	21.25	23.50	24.00
400 m	46.10	47.30	53.00	55.00
800 m	1:48.60	1:50.30	2:04.00	2:08.00
1.500 m	3:45.00	3:50.00	4:22.00	4:30.00
3.000 m	8:10.00	8:20.00	9:15.00	9:47.00
5.000 m	13:56.00	14:15.00	15:58.00	16:30.00
10.000 m				
4 x 100 m		41.30		45.80
4 x 400 m		3:10.00		3:45.00
P. Combin.				
60 m c/v				
100 m c/v			13.40	14.00
110 m c/v	13.90	14.50		
400 m c/v	50.50	51.60	58.00	59.90
3.000 m c/ob	8:38.00	8:50.00	10:15.00	10:55.00
2.000 m c/ob				
Marcha 10 Km	1h30:00	1h35:00		
Marcha 5 Km			47:26.00	49:55.00
Marcha 20 Km				
Marcha 50 Km				
Marathón				
Alto	2,20	2,12	1,85	1,78
Garrocha	5,40	5,10	4,10	3,90
Largo	7,90	7,60	6,35	6,00
Triple	16,40	15,50	13,45	12,80
Bala	18,50	17,60	16,90	15,15
Disco	57,00	53,50	56,00	51,00
Jabalina	75,00	70,00	58,00	51,00
Martillo	70,00	65,00	64,00	60,00
Combinadas	7.000	6.300	5.500	5.000

Mundial Junior Bydgoszcz			
Hombres		Mujeres	
10.5	10.74	11.8	12.04
21.4	21.64	24.4	24.64
47.9	48.04	55.1	55.24
	1:51.00		2:09.00
	3:48.00		4:28.00
			9:35.00
	14:15.00		16:30.00
	31:00.00		
	No stan		No stan
	No stan		No stan
		14.0	14.24
14.5	14.74		
53.2	53.34	60.3	60.44
	9:10.00		11:00.00
	44:05.00		50:55.00
	2,14		1,80
	5,05		3,95
	7,50		6,10
	15,60		12,90
	18,00		14,60
	54,00		47,00
	66,50		49,50
	66,00		55,00
	7.090		5.150

Juegos Olimpicos Beijing			
Hombres		Mujeres	
A	B	A	B
10.21	10.28	11.32	11.42
20.59	20.75	23.00	23.20
45.55	45.95	51.55	52.35
1:46.00	1:47.00	2:00.00	2:01.30
3:36.60	3:39.00	4:07.00	4:08.00
13:21.50	13:28.00	15:09.00	15:24.00
27:50.00	28:10.00	31:45.00	32:20.00
16 Equipos		16 Equipos	
16 Equipos		16 Equipos	
		12.96	13.11
13.55	13.72		
49.20	49.50	55.60	56.50
8:24.60	8:32.00	9:46.00	9:55.00
1h23:00	1h24:30	1h33:30	1h38:00
4h00:00	4h07:00		
	2h15:00		2h40:00
2,30	2,27	1,95	1,91
5,70	5,55	4,45	4,30
8,20	8,05	6,72	6,60
17,10	16,80	14,20	14,00
20,30	19,80	18,35	17,2
64,50	62,50	61,00	59,00
81,80	77,80	60,50	56,00
78,50	74,00	69,50	67,00
8.00	7.700	6.000	5.800

Sud. Menores		
Hombres	Mujeres	
11.00	12.30	
22.03	24.98	
49.26	57.49	
1:58.76	2:16.53	
4:05.45	4:44.54	
9:00.27	10:40.71	
42.77	48.66	
1:55.74	2:17.80	
	14.82	
14.58		
54.52	1:06.17	
6:21.59	7:26.62	
47:16.56		
	26:13.71	
1,95	1,67	
4,19	3,19	
6,91	5,51	
14,27	11,49	
16,16	12,08	
47,02	37,5	
58,14	39,54	
57,39	44,21	
5.286	4.340	

Sud. Sub 23	
Hombres	Mujeres
10.63	12.17
21.37	24.57
47.95	56.42
1:50.61	2:12.78
3:53.28	4:41.51
14:47.15	17:41.68
30:43.69	36:28.63
41.52	47.33
3:14.80	3:49.77
	14.53
14.92	
51.98	63.53
9:18.39	11:35.99
1h34:47	1h56:53
2,01	1,71
4,56	3,57
7,16	5,79
14,58	12,47
16,04	14,00
46,86	43,22
63,59	41,26
58,59	55,00
6.677	4.611